



Short Breaks and fun activities 2018/19

A short breaks directory for children and young people with disabilities and special educational needs



This directory lists in detail short breaks and fun activities currently available to children and young people aged 0-18 in Leeds. The directory is accompanied by a guide, which explains more about the different kinds of short breaks and fun activities available and how to access them.

Services for everyone including children and young people with additional needs (“Universal” services)

Here is a list of services for all children and young people, including those with additional needs. Please see the [Family Information Service](#) website for further services and information on childcare such as playschemes, children’s centres and pre-schools.

If the activity organiser feels they need help with inclusivity, please contact Scope (details below). Scope is a universal plus service which aims to encourage and support access to universal activities. They supply advice and support to providers to make sure that access to universal activities is a real possibility.

For help from Scope please contact 0113 8870550 or email leeds@scope.org.uk

Age	0-5 years	Primary Age	Secondary Age+
Services	<p>Family Information Service</p> <p>Children’s Centres</p> <p>Private Nurseries, pre-schools, child minders</p> <p>Third sector voluntary and faith groups To find out more visit: www.familyinformation.leeds.gov.uk</p>	<p>School or extended services activities e.g. out of school clubs, playschemes</p> <p>To find out more visit: https://familyinformation.leeds.gov.uk/</p> <p>Uniformed groups, e.g. Brownies, Cubs, Scouts, Guides, etc. See local area for details</p> <p>Leisure or sports centres classes To find out more visit: https://active.leeds.gov.uk/home-(2)</p> <p>Arts activities - theatre, dance, music To find out more visit: https://www.leeds.gov.uk/leisure or www.breezeleeds.org</p>	<p>As primary age; and also youth services - details available on the Breeze website.</p> <p>Please visit: https://breezeleeds.org/</p>

Short breaks and activities that meet specific needs (“Targeted” services)

All targeted services can be accessed using the single targeted short break referral form at: www.leeds.gov.uk/residents/Pages/Short-break-offer.aspx. Please note this form will only need to be completed once and can be forwarded to other services.

Service	Target group	What the service offers	Cost of the service	Session Time(s)
ASAS (Aireborough Supported Activities Scheme) Playschemes Contact: Jo Galasso Email: Jo.galasso@aireborough-scheme.co.uk Tel: 0113 4603206	5-18 with disabilities For cyp in the Aireborough area of Leeds only (LS5, 16, 18, 19, 20 & 21)	Easter & Summer holiday play schemes and a Christmas Activity Day	£15/child/day	10am – 3pm
ASAS Activity Days Details as above	8 – 18 yrs with disabilities Open to all cyp city-wide	3 Community Based Activity days 3 Centre Based Activity days	£15/child/day	9.30am – 3.30pm
ASAS Residential Short Breaks Details as above	8 – 18 yrs with disabilities	2 night residential short breaks to outdoor pursuits centres where the children & young people will take part in activities* like climbing, biking, animal care, gorge walking and canoeing (*dependant on the venue)	£85 per weekend	Teatime on the day of arrival until after lunch on the day of departure
BID Youth Club Contact: Zara Emery Email: Zara.emery@bid.org.uk Facebook:	For deaf, hard of hearing or visually impaired children Age range: 8-18	Meeting friends, learn and gain skills include BSL, different activities to attend for young children in Leeds. Youth club is open for deaf, hard of hearing and visual impaired children.	£3 per session	Monday evening 6pm-8pm Term only

<p>https://www.facebook.com/groups/1708992529363727/?ref=bookmarks</p> <p>Tel: 07544399877</p>				
<p>Broomfield School</p> <p>School holiday playscheme</p> <p>Contact: Sharon Crowther Tel: 0113 2771603</p>	<p>Age range: 3-19 years</p>	<p>Holiday Activity schemes based at Broomfield SILC Leeds 10 for students with additional needs</p>		<p>Easter, Summer and October half-term 9.30-3pm</p>
<p>Herd Farm</p> <p>Residential & Activity Weekends</p> <p>Contact: Tony Edwards email: tony.edwards@leeds.gov.uk Tel: 0113 378 3088 www.herdfarm.gov.uk</p>	<p>Age range: 9 - 17</p>	<p>Six rural weekend outdoor activity residential experiences for 14 young people per weekend as part of a social living together in a high quality Grade II converted and adaptable barn.</p>	<p>£85 per weekend</p>	<p>48 hours, usually weekends Friday 3.30pm until Sunday 3.30pm</p>
<p>Illuminate Dance</p> <p>Weekend dance group</p> <p>Contact: Charis Charles email: Charis.charles@phoenixdancetheatre.co.uk Tel: 0113 236 8130 Website: www.phoenixdancetheatre.co.uk/access/illuminate-dance/</p>	<p>Age range: 6 – 18</p> <p>Young people with additional needs (such as autism, learning difficulties)</p>	<p>One-hour dance provision every Saturday during term time to enable young people with additional needs the opportunity to make new friends, learn new skills and perform, develop their dance technique, their health and fitness, their social and communication skills in a supportive and creative environment.</p>	<p>£25 per term</p>	<p>Every Saturday during term time</p> <p>6 – 10 years: 14.30 – 15.30 11 – 18 years: 16.00 – 17.00</p>

<p>Leeds Mencap</p> <p>Playschemes</p> <p>Contact: Gemma Airey email: info@leedsmencap.org.uk</p> <p>Tel: 0113 235 1331</p>	<p>Age range: 4 - 18</p>	<p>Holiday playschemes for children and young people aged 4 -18 with learning disabilities. The playschemes are split into three age ranges 4 – 8, 9 – 13 and 14 – 18 and are led by a team of experienced staff.</p> <p>Each playscheme is run from The Vinery Centre, Leeds Mencaps purpose built centre in east Leeds. Young people will have access to flexible activity space, a hoisted sensory room, a soft play area and a secure outside play area. We have a fully accessible and hoisted changing places toilet, as well as a disabled toilet.</p> <p>The children and young people will do a range of different activities throughout the week such as baking, arts and crafts, visits from the animals, music sessions, circle skills and discos, as well as one full day trip per week.</p>	<p>£17.50 per day plus £15 contribution towards cost of the trip</p>	<p>10am – 3pm</p>
<p>Leeds Mencap</p> <p>Tuesday Youth Club</p> <p>Details as above</p>	<p>Age range: 9-13</p>	<p>The group meets on a Tuesday evening during term time. The group is run from The Vinery Centre, Leeds Mencaps purpose built centre in east Leeds. Children and young people will have access to flexible activity space, a hoisted sensory room, a soft play area and a secure outside play area. We have a fully accessible and hoisted changing places toilet, as well as a disabled toilet.</p> <p>The children and young people will do a range of activities such as arts and crafts, baking, messy play sessions, as well as termly visits from workshops as such as music, dance or animals.</p> <p>Parents can either drop off and leave the child or young person, or they can choose to remain on site in the parents room, where there is access to tea and coffee.</p>	<p>£4 per week, payable half termly in advance</p>	<p>6-8pm</p>

<p>Leeds Mencap</p> <p>Thursday Youth Club</p> <p>Details as above</p>	<p>Age range: 14-18</p>	<p>The group meets on a Thursday evening during term time. The group is run from The Vinery Centre, Leeds Mencaps purpose built centre in east Leeds. Young people will have access to flexible activity space, a hoisted sensory room, a soft play area and a secure outside play area. We have a fully accessible and hoisted changing places toilet, as well as a disabled toilet.</p> <p>Young people will do a range of activities such as arts and crafts, baking, gaming sessions, sports, as well as termly visits or trips such as bowling, music, dance or meals out/in.</p> <p>Parents can either drop off and leave the child or young person, or they can choose to remain on site in the parents room, where there is access to tea and coffee.</p>	<p>£4 per week, payable half termly in advance</p>	<p>6-8pm</p>
<p>Leeds Mencap</p> <p>Me2Dance</p> <p>Details as above</p>	<p>Age range: 11-25</p>	<p>An inclusive dance group for children and young people aged 11 – 25.</p> <p>The young people have the opportunity to develop and practice dance routines, with the support of experience staff.</p> <p>The sessions take place in a studio at the Northern School of Contemporary Dance, and the group perform once per year at Expressions, which is an annual accessible dance weekend in Leeds.</p>	<p>£12 per session</p>	<p>TBA</p>
<p>LWCA (Leeds Weekend Care Association)</p> <p>Weekenders Club</p> <p>Lisa Sheader Email: office@lwca.co.uk Tel: 0113 216 5133</p> <p>Website: www.lwca.co.uk</p>	<p>Age range: 5 - 14</p>	<p>A citywide, full day play scheme one day (either Saturday or Sunday) per month at Vine Education Centre, Leeds 6.</p>	<p>A packed lunch is required and the cost is £22.00 per session.</p>	<p>Weekends 10am – 4:30pm</p>

<p>LWCA (Leeds Weekend Care Association)</p> <p>Out & About</p> <p>Details as above (except contact Jennifer O'Brien)</p>	<p>Age range: 14 – 18</p>	<p>Teenage outings in small groups in the local community; activities such as: bowling, eating out, theatre, theme parks, snooker nights & youth club nights.</p>	<p>Variable (between £10.00 & £25.00) depending on activity</p>	<p>Variable, depending on activity. In term time, evenings, after school Monday-Friday. In school holidays some full day activities and some evening activities.</p>
<p>LWCA (Leeds Weekend Care Association)</p> <p>Teen Scene</p> <p>Details as per Weekenders Club</p>	<p>Age range: 14 – 18</p>	<p>A citywide teenage weekend youth club one full day (either Saturday or Sunday) per month at Vine Education Centre, Leeds 6. Some off-site activities.</p>	<p>A packed lunch is required and the cost is £22.00 per session.</p>	<p>Weekends 10am – 4:30pm</p>
<p>People Matters</p> <p>Social Groups, Teens</p> <p>Sally Jude Tel. 01132 346896</p> <p>Email info@peoplematters.co.uk</p> <p>www.peoplemattersleeds.co.uk</p>	<p>Age range: 11 - 18</p>	<p>A social group for young people to meet with peers, join in fun activities, learn new skills and hang out. Based at the Vale Circles, Tunstall Road, just off Dewsbury Road, Leeds.</p>	<p>£7.50 per session</p>	<p>Alternate Saturdays 1-5pm</p>
<p>Playpartners</p> <p>Contact: Ana Ardelean Email: ana.ardelean@leedsplaynetwork.org.uk www.leedsplaynetwork.org.uk Tel: 0113 249 5920</p>	<p>Age range 5-17</p>	<p>Play Partners offers one to one support for children with additional needs to access play and leisure activities of their choice, in their local community. The service's aim is to work with activity providers towards full inclusion of children, so they can ultimately attend without support.</p>	<p>free</p>	

<p>Sport Works</p> <p>Multi-Sport Term Time Sessions</p> <p>Contact: Holly Sheen Email: holly@sportworksltd.co.uk Tel: 07851062880</p>	<p>Age range: 8-19</p>	<p>Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio)</p>	<p>£15 per session</p>	<p>Corpus Christi High School</p> <p>Saturdays 10am-3pm</p>
<p>Sport Works</p> <p>Multi-Sport Holiday Sessions</p> <p>Contact: Holly Sheen Email: holly@sportworksltd.co.uk Tel: 07851062880</p>	<p>Age range: 8-19</p>	<p>Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio)</p>	<p>£15 per session</p>	<p>Corpus Christi High School</p> <p>Tuesdays & Thursdays 10am-3pm</p>
<p>Sunshine and Smiles – Leeds Down Syndrome Network</p> <p>4-9's Group</p> <p>Contact: Ailith Harley-Robert email: hello@sunshineandsmiles.org.uk</p> <p>Tel: 07902 054 355 www.sunshineandsmiles.org.uk</p>	<p>Age range: 4-9 year olds who have Down syndrome</p>	<p>Social & recreational opportunities such as dance, football, crafts and more in a safe supportive environment.</p>	<p>Suggested donation £5</p>	<p>Fortnightly Saturdays - 12pm – 2pm</p>
<p>Sunshine and Smiles – Leeds Down Syndrome Network</p> <p>9-15's Group</p> <p>Details as above</p>	<p>Age range: 9-15 year olds who have Down syndrome</p>	<p>Social & recreational opportunities such as cricket, singing, football, crafts and more in a safe supportive environment.</p>	<p>Suggested donation £5</p>	<p>Fortnightly Saturdays 12pm – 2pm. Monthly Thursday evenings 6.30pm to 8pm</p>

<p>Sunshine and Smiles – Leeds Down Syndrome Network</p> <p>16+ Group</p> <p>Details as above</p>	<p>Age range: 16-19 year olds who have Down syndrome</p>	<p>Social & recreational opportunities such as singing, football, crafts and more in a safe, supportive environment.</p>	<p>Suggested donation £5</p>	<p>Monthly Thursday evenings from 6.30pm – 8pm & occasional weekend sessions.</p>
<p>Sunshine and Smiles – Leeds Down Syndrome Network</p> <p>Yoga retreat</p> <p>Details as above</p>	<p>Families who have a child with Down syndrome</p>	<p>A weekend yoga retreat for the whole family including all meals & accommodation</p>	<p>£50 - £75 per family</p>	<p>Full weekend Summer/ Autumn 2018 – Dates TBC</p>
<p>West Leeds Activity Centre</p> <p>After school club</p> <p>Contact: Shaun Watson</p> <p>Email: Shaun.Watson@leeds.gov.uk Tel: 07891278003</p> <p>Lenhurst Ave Leeds LS122RE</p> <p>www.westleedsactivitycentre.com</p>	<p>Age range: 12 - 18</p>	<p>A large choice of outdoor, horticultural and environmental experiences in what is a motivational and often therapeutic environment. These include;</p> <ul style="list-style-type: none"> • Inflatable games e.g. Sumo suites • Archery • Go Karts • High ropes • Climbing • Abseiling • Ceramics • Roller skating • Indoor problem solving games • BMX-ing • Orienteering • Assault Course • Bushcraft/Den building • Buggy experiences • Motor biking 	<p>£6.00 per session</p>	<p>Thursdays term time 4-6.30pm</p>

<p>West Leeds Activity Centre</p> <p>School holiday playschemes</p> <p>Details as above</p>	<p>Age range: 12 - 18</p>	<p>As above</p>	<p>£18 per day</p>	<p>8.30am-3pm</p>
<p>West Oaks Playscheme</p> <p>Summer holiday playscheme</p> <p>Contact: Anna Stevens Email: anna.stevens@westoaksschool.co.uk <u>uk</u> <u>Tel:</u> 01937 844772</p>	<p>Age range 3-19</p>	<p>Summer playscheme for children with additional needs</p>	<p>£20 per day</p>	<p>9.30am-3pm</p>
<p>West SILC</p> <p>Summer Holiday playschemes</p> <p>Contact: Christine Raby Email: christine.raby@westsilc.org Tel: 0113 3862450</p>	<p>Age range 5-19</p>	<p>Summer playscheme for children with additional needs</p>	<p>£15 per day</p>	<p>9.30am – 2.30pm</p>

Short breaks services for children and young people with very complex needs (“specialist” services)

All specialist services can be accessed via the referral routes mentioned below. There is NO cost to families when accessing these services

Service	Target group	Referral route/access	What the service offers
Rainbow House	Age range 6 - 18	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Planned overnight short breaks.
Individual Support Workers (ISW's)	Age range: 0 - 18	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Individually tailored packages of support.
Fostering Complex Needs Short Breaks, Leeds City Council tel: 0113 247 8934	Age range: 0 - 18	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Short breaks for children in the homes of trained and approved carer families.
Health Short Breaks tel: 0113 272 8644	CYP with complex health needs. Age range: 0 - 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	Short breaks for children and young people with complex health needs.
Children's Continuing Healthcare tel: 0113 272 8644	CYP with complex health needs. Age range: 0 - 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	High dependency intensive home based nursing provision.
Hannah House tel: 0113 282 9173 email: joanne.dodd@nhs.net	CYP with complex health needs. Age range: 0 - 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	Planned overnight short breaks.
Martin House tel: 0193 784 5045 email: admin@martinhouse.org.uk	CYP with complex health needs. Age range: 0 - 18	Direct referral to Martin House.	Individually tailored packages of support.

School holiday playschemes 2018/19

		Easter				May half-term	
		2 nd -6 th April	9 th -13 th April			28 th May-1 st June	
ENE			Leeds Mencap Sport Works (3 rd , 5 th , 10 th & 12 th)		ENE		Leeds Mencap Sport Works (29 th & 31 st)
South		Broomfield (3 rd -6 th)			South		Illuminate Dance
WNW		ASAS (3 rd to 6 th)	ASAS Activity Days (9 th & 10 th) WLAC (9 th -12 th)		WNW		ASAS Activity Days (29 th & 30 th)

Summer							
		23 rd – 27 th Jul	30 th Jul – 3 rd Aug	6 th – 10 th Aug	13 th – 17 th Aug	20 th – 24 th Aug	27 th -31 st Aug
ENE			Sport Works (31 st & 2 nd)	Sport Works (7 th & 9 th) Leeds Mencap	Sport Works (14 th & 16 th) Leeds Mencap	Sport Works (21 st & 23 rd) Leeds Mencap	Sport Works (28 th & 30 th)
South			Broomfield	Broomfield	Broomfield		
WNW		ASAS (25 th -27 th) West Oaks	ASAS West Oaks Milestone – WestSILC (31 st , 1 st & 2 nd – 9.30-2.30pm)	ASAS Milestone – WestSILC (7 th , 8 th & 9 th – 9.30-2.30pm)	Milestone – WestSILC (14 th , 15 th & 16 th – 9.30-2.30pm)		WLAC (27 th – 30 th)

	October half term
	29th Oct – 2nd Nov
ENE	Sport Works (30 th & 1 st) Leeds Mencap
South	Broomfield (29 th -31 st)
WNW	

	Spring
	18th Feb-22nd Feb
ENE	Sport Works (19 th & 21 st) Leeds Mencap
South	Illuminate Dance
WNW	ASAS Activity Days (18 th & 19 th)