

**Short Breaks and fun activities 2018/19**

A short breaks directory for children and young people with disabilities and special educational needs



This directory lists in detail short breaks and fun activities currently available to children and young people aged 0-18 in Leeds. The directory is accompanied by a guide, which explains more about the different kinds of short breaks and fun activities available and how to access them.

**(updated 11th June 2018)**

**Services for everyone including children and young people with additional needs (“Universal” services)**

Here is a list of services for all children and young people, including those with additional needs. Please see the [Family Information Service](https://familyinformation.leeds.gov.uk/) website for further services and information on childcare such as playschemes, children’s centres and pre-schools.

If the activity organiser feels they need help with inclusivity, please contact Scope (details below). Scope is a universal plus service which aims to encourage and support access to universal activities. They supply advice and support to providers to make sure that access to universal activities is a real possibility.

**For help from Scope please contact 0113 8870550 or email** [**leeds@scope.org.uk**](mailto:leeds@scope.org.uk)

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| **Age** | **0-5 years** | **Primary Age** | **Secondary Age+** |
| Services | Family Information Service  Children’s Centres  Private Nurseries, pre-schools, child minders  Third sector voluntary and faith groups  To find out more visit:  [www.familyinformation.leeds.gov.uk](http://www.familyinformation.leeds.gov.uk) | School or extended services activities e.g. out of school clubs, playschemes  To find out more visit: <https://familyinformation.leeds.gov.uk/>  Uniformed groups, e.g. Brownies, Cubs, Scouts, Guides, etc.  See local area for details  Leisure or sports centres classes  To find out more visit:  <https://active.leeds.gov.uk/home-(2)>  Arts activities - theatre, dance, music  To find out more visit:  <https://www.leeds.gov.uk/leisure> or [www.breezeleeds.org](http://www.breezeleeds.org) | As primary age; and also youth services -  details available on the Breeze website.  Please visit:  <https://breezeleeds.org/> |

**Short breaks and activities that meet specific needs (“Targeted” services)**

All targeted services can be accessed using the single targeted short break referral form at: [www.leeds.gov.uk/residents/Pages/Short-break-offer.aspx](http://www.leeds.gov.uk/residents/Pages/Short-break-offer.aspx). Please note this form will only need to be completed once and can be forwarded to other services.

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| **Service** | **Target group** | **What the service offers** | **Cost of the service** | **Session Time(s)** |
| **ASAS** (Aireborough Supported Activities Scheme)  **Playschemes**  Contact: Jo Galasso  Email: [Jo.galasso@aireborough-scheme.co.uk](mailto:Jo.galasso@aireborough-scheme.co.uk)  Tel: 0113 4603206 | 5-18 with disabilities  For cyp in the Aireborough area of Leeds only (LS5, 16, 18, 19, 20 & 21) | Easter & Summer holiday play schemes and a Christmas Activity Day | £15/child/day | 10am – 3pm |
| **ASAS**  **Activity Days**  Details as above | 8 – 18 yrs with disabilities  Open to all cyp city-wide | 3 Community Based Activity days  3 Centre Based Activity days | £15/child/day | 9.30am – 3.30pm |
| **ASAS**  **Residential Short Breaks**  Details as above | 8 – 18 yrs with disabilities | 2 night residential short breaks to outdoor pursuits centres where the children & young people will take part in activities\* like climbing, biking, animal care, gorge walking and canoeing (\*dependant on the venue) | £85 per weekend | Teatime on the day of arrival until after lunch on the day of departure |
| **BID**  **Youth Club**  Contact: Katie Collinson  Email: Katie.Collinson@bid.org.uk  Facebook:  <https://www.facebook.com/groups/1708992529363727/?ref=bookmarks>  Tel: 07544399877 | For deaf, hard of hearing or visually impaired children    Age range: 8-18 | Meeting friends, learn and gain skills include BSL, different activities to attend for young children in Leeds. Youth club is open for deaf, hard of hearing and visual impaired children. | £3 per session | Monday evening 6pm-8pm Term only |
| **Broomfield School**  **School holiday playscheme**  Contact: Sharon Crowther  Tel: 0113 2771603 | Age range: 3-19 years | Holiday Activity schemes based at Broomfield SILC Leeds 10 for students with additional needs |  | Easter, Summer and October half-term  9.30-3pm |
| **Herd Farm**  **Residential & Activity Weekends**  Contact: Tony Edwards  email: tony.edwards@leeds.gov.uk  Tel: 0113 378 3088  www.herdfarm.gov.uk | Age range: 9 - 17 | Six rural weekend outdoor activity residential experiences for 14 young people per weekend as part of a social living together in a high quality Grade II converted and adaptable barn. | £85 per weekend | 48 hours, usually weekends  Friday 3.30pm until  Sunday 3.30pm |
| **Illuminate Dance**  **Weekend dance group**  Contact: Charis Charles  email: Charis.charles@phoenixdancetheatre.co.uk  Tel: 0113 236 8130  Website:  www.phoenixdancetheatre.co.uk/access/illuminate-dance/ | Age range: 6 – 18  Young people with additional needs (such as autism, learning difficulties) | One-hour dance provision every Saturday during term time to enable young people with additional needs the opportunity to make new friends, learn new skills and perform, develop their dance technique, their health and fitness, their social and communication skills in a supportive and creative environment. | £25 per term | Every Saturday during term time  6 – 10 years: 14.30 – 15.30  11 – 18 years: 16.00 – 17.00 |
| **Leeds Mencap  Playschemes**  Contact: Gemma Airey  email: [info@leedsmencap.org.uk](mailto:info@leedsmencap.org.uk)  Tel: 0113 235 1331 | Age range: 4 - 18 | Holiday playschemes for children and young people aged 4 -18 with learning disabilities. The playschemes are split into three age ranges 4 – 8, 9 – 13 and 14 – 18 and are led by a team of experienced staff.  Each playscheme is run from The Vinery Centre, Leeds Mencaps purpose built centre in east Leeds. Young people will have access to flexible activity space, a hoisted sensory room, a soft play area and a secure outside play area. We have a fully accessible and hoisted changing places toilet, as well as a disabled toilet.  The children and young people will do a range of different activities throughout the week such as baking, arts and crafts, visits from the animals, music sessions, circle skills and discos, as well as one full day trip per week. | £17.50 per day plus £15 contribution towards cost of the trip | 10am – 3pm |
| **Leeds Mencap  Tuesday Youth Club**  Details as above | Age range: 9-13 | The group meets on a Tuesday evening during term time. The group is run from The Vinery Centre, Leeds Mencaps purpose built centre in east Leeds. Children and young people will have access to flexible activity space, a hoisted sensory room, a soft play area and a secure outside play area. We have a fully accessible and hoisted changing places toilet, as well as a disabled toilet.  The children and young people will do a range of activities such as arts and crafts, baking, messy play sessions, as well as termly visits from workshops as such as music, dance or animals.  Parents can either drop off and leave the child or young person, or they can choose to remain on site in the parents room, where there is access to tea and coffee. | £4 per week, payable half termly in advance | 6-8pm |
| **Leeds Mencap   Thursday Youth Club**  Details as above | Age range: 14-18 | The group meets on a Thursday evening during term time. The group is run from The Vinery Centre, Leeds Mencaps purpose built centre in east Leeds. Young people will have access to flexible activity space, a hoisted sensory room, a soft play area and a secure outside play area. We have a fully accessible and hoisted changing places toilet, as well as a disabled toilet.  Young people will do a range of activities such as arts and crafts, baking, gaming sessions, sports, as well as termly visits or trips such as bowling, music, dance or meals out/in.  Parents can either drop off and leave the child or young person, or they can choose to remain on site in the parents room, where there is access to tea and coffee. | £4 per week, payable half termly in advance | 6-8pm |
| **Leeds Mencap  Me2Dance**  Details as above | Age range: 11-25 | An inclusive dance group for children and young people aged 11 – 25.  The young people have the opportunity to develop and practice dance routines, with the support of experience staff.  The sessions take place in a studio at the Northern School of Contemporary Dance, and the group preform once per year at Expressions, which is an annual accessible dance weekend in Leeds. | £12 per session | TBA |
| **LWCA** (Leeds Weekend Care Association)  **Weekenders Club**  Lisa Sheader  Email: office@lwca.co.uk  Tel: 0113 216 5133  Website: www.lwca.co.uk | Age range: 5 - 14 | A citywide, full day play scheme one day (either Saturday or Sunday) per month at Vine Education Centre, Leeds 6. | A packed lunch is required and the cost is £22.00 per session. | Weekends 10am – 4:30pm |
| **LWCA** (Leeds Weekend Care Association)  **Out & About**  Details as above (except contact Jennifer O’Brien) | Age range: 14 – 18 | Teenage outings in small groups in the local community; activities such as: bowling, eating out, theatre, theme parks, snooker nights & youth club nights. | Variable (between £10.00 & £25.00) depending on activity | Variable, depending on activity.  In term time, evenings, after school Monday-Friday.  In school holidays some full day activities and some evening activities. |
| **LWCA** (Leeds Weekend Care Association)  **Teen Scene**  Details as per Weekenders Club | Age range: 14 – 18 | A citywide teenage weekend youth club one full day (either Saturday or Sunday) per month at Vine Education Centre, Leeds 6.  Some off-site activities. | A packed lunch is required and the cost is £22.00 per session. | Weekends 10am – 4:30pm |
| **People Matters**  **Social Groups, Teens**    Sally Jude  Tel. 01132 346896    Email [info@peoplematters.co.uk](mailto:info@peoplematters.co.uk)  www.peoplemattersleeds.co.uk | Age range: 11 - 18 | A social group for young people to meet with peers, join in fun activities, learn new skills and hang out. Based at the Vale Circles, Tunstall Road, just off Dewsbury Road, Leeds. | £7.50 per session | Alternate Saturdays 1-5pm |
| **Playpartners**  Contact: Ana Ardelean  Email: [ana.ardelean@leedsplaynetwork.org.uk](mailto:ana.ardelean@leedsplaynetwork.org.uk)  [www.leedsplaynetwork.org.uk](http://www.leedsplaynetwork.org.uk)  Tel: 0113 249 5920 | Age range 5-17 | Play Partners offers one to one support for children with additional needs to access play and leisure activities of their choice, in their local community. The service’s aim is to work with activity providers towards full inclusion of children, so they can ultimately attend without support. | free |  |
| **Sport Works**  **Multi-Sport Term Time Sessions**  Contact: Holly Sheen  Email: [holly@sportworksltd.co.uk](mailto:holly@sportworksltd.co.uk)  Tel: 07851062880 | Age range: 8-19 | Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio) | £15 per session | Corpus Christi High School  Saturdays 10am-3pm |
| **Sport Works**  **Multi-Sport Holiday Sessions**  Contact: Holly Sheen  Email: [holly@sportworksltd.co.uk](mailto:holly@sportworksltd.co.uk)  Tel: 07851062880 | Age range: 8-19 | Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio) | £15 per session | Corpus Christi High School  Tuesdays & Thursdays  10am-3pm |
| **Sunshine and Smiles** – Leeds Down Syndrome Network  **4-9’s Group**  Contact: Ailith Harley-Robert  email:  hello@sunshineandsmiles.org.uk  Tel: 07902 054 355  www.sunshineandsmiles.org.uk | Age range: 4-9 year olds who have Down syndrome | Social & recreational opportunities such as dance, football, crafts and more in a safe supportive environment. | Suggested donation £5 | Fortnightly Saturdays - 12pm – 2pm |
| **Sunshine and Smiles** – Leeds Down Syndrome Network  **9-15’s Group**  Details as above | Age range: 9-15 year olds who have Down syndrome | Social & recreational opportunities such as cricket, singing, football, crafts and more in a safe supportive environment. | Suggested donation £5 | Fortnightly Saturdays 12pm – 2pm. Monthly Thursday evenings 6.30pm to 8pm |
| **Sunshine and Smiles** – Leeds Down Syndrome Network  **16+ Group**  Details as above | Age range: 16-19 year olds who have Down syndrome | Social & recreational opportunities such as singing, football, crafts and more in a safe, supportive environment. | Suggested donation £5 | Monthly Thursday evenings from 6.30pm – 8pm & occasional weekend sessions. |
| **Sunshine and Smiles** – Leeds Down Syndrome Network  **Yoga retreat**  Details as above | Families who have a child with Down syndrome | A weekend yoga retreat for the whole family including all meals & accommodation | £50 - £75 per family | Full weekend  Summer/  Autumn 2018 – Dates TBC |
| **West Leeds Activity Centre**  **After school club**  Contact: Shaun Watson  Email: [Shaun.Watson@leeds.gov.uk](mailto:Shaun.Watson@leeds.gov.uk) Tel: 07891278003  Lenhurst Ave Leeds LS122RE  www.westleedsactivitycentre.com | Age range: 12 - 18 | A large choice of outdoor, horticultural and environmental experiences in what is a motivational and often therapeutic environment.  These include;  • Inflatable games e.g. Sumo suites  • Archery  • Go Karts  • High ropes  • Climbing  • Abseiling  • Ceramics  • Roller skating  • Indoor problem solving games  • BMX-ing  • Orienteering  • Assault Course  • Bushcraft/Den building  • Buggy experiences  • Motor biking | £6.00 per session | Thursdays term time  4-6.30pm |
| **West Leeds Activity Centre**  **School holiday playschemes**  Details as above | Age range: 12 - 18 | As above | £18 per day | 8.30am-3pm |
| **West Oaks Playscheme**  **Summer holiday playscheme**  Contact: Anna Stevens  Email: [anna.stevens@westoaksschool.co.uk](mailto:anna.stevens@westoaksschool.co.uk)  Tel: 01937 844772 | Age range 3-19 | Summer playscheme for children with additional needs | £20 per day | 9.30am-3pm |
| **West SILC**  **Summer Holiday playschemes**  Contact: Christine Raby  Email: christine.raby@westsilc.org  Tel: 0113 3862450 | Age range 5-19 | Summer playscheme for children with additional needs | £15 per day | 9.30am – 2.30pm |

**Short breaks services for children and young people with very complex needs (“specialist” services)**

**All specialist services can be accessed via the referral routes mentioned below. There is NO cost to families when accessing these services**

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| **Service** | **Target group** | **Referral route/access** | **What the service offers** |
| Rainbow House | Age range: 10-17 | Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment. | Planned overnight short breaks. |
| Individual Support Workers (ISW’s) | Age range: 0 – 17 | Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment. | Individually tailored packages of support. |
| Fostering Complex Needs Short Breaks, Leeds City Council  tel: 0113 247 8934 | Age range: 0 – 17 | Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment. | Short breaks for children in the homes of trained and approved carer families. |
| Health Short Breaks  tel: 0113 272 8644 | CYP with complex health needs.  Age range: 0 – 18 | Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment. | Short breaks for children and young people with complex health needs. |
| Children’s Continuing Healthcare  tel: 0113 272 8644 | CYP with complex health needs.  Age range: 0 – 18 | Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment. | High dependency intensive home based nursing provision. |
| Hannah House  tel: 0113 282 9173  email: joanne.dodd@nhs.net | CYP with complex health needs.  Age range: 0 – 18 | Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment. | Planned overnight short breaks. |
| Martin House  tel: 0193 784 5045  email:  [admin@martinhouse.org.uk](mailto:admin@martinhouse.org.uk) | CYP with complex health needs.  Age range: 0 – 18 | Direct referral to Martin House. | Individually tailored packages of support. |

**School holiday playschemes 2018/19**

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|  | **Easter** | |  |  | **May half-term** |
|  | **2nd-6th April** | **9th-13th April** |  |  | **28th May-1st June** |
| **ENE** |  | Leeds Mencap  Sport Works (3rd, 5th, 10th & 12th) |  | **ENE** | Leeds Mencap  Sport Works (29th & 31st) |
| **South** | Broomfield (3rd-6th) |  |  | **South** | Illuminate Dance |
| **WNW** | ASAS (3rd to 6th) | ASAS Activity Days (9th & 10th)  WLAC (9th-12th) |  | **WNW** | ASAS Activity Days (29th & 30th) |

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|  | **Summer** | | | | | |
|  | **23rd – 27th Jul** | **30th Jul – 3rd Aug** | **6th– 10th Aug** | **13th– 17th Aug** | **20th– 24th Aug** | **27th -31st Aug** |
| **ENE** |  | Sport Works  (31st & 2nd) | Sport Works  (7th & 9th)  Leeds Mencap | Sport Works  (14th & 16th)  Leeds Mencap | Sport Works  (21st & 23rd)  Leeds Mencap | Sport Works  (28th & 30th) |
| **South** |  | Broomfield | Broomfield | Broomfield |  |  |
| **WNW** | ASAS (25th-27th)  West Oaks | ASAS  West Oaks  Milestone – WestSILC  (31st, 1st & 2nd – 9.30-2.30pm) | ASAS  Milestone – WestSILC  (7th, 8th & 9th – 9.30-2.30pm) | Milestone – WestSILC  (14th, 15th & 16th – 9.30-2.30pm) |  | WLAC (27th – 30th) |

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|  | **October half term** |  |  | **Spring** | |
|  | **29th Oct – 2nd Nov** |  |  | **18th Feb-22nd Feb** |
| **ENE** | Sport Works (30th & 1st)  Leeds Mencap |  | **ENE** | Sport Works (19th & 21st)  Leeds Mencap |
| **South** | Broomfield (29th-31st) |  | **South** | Illuminate Dance |
| **WNW** |  |  | **WNW** | ASAS Activity Days (18th & 19th) |