

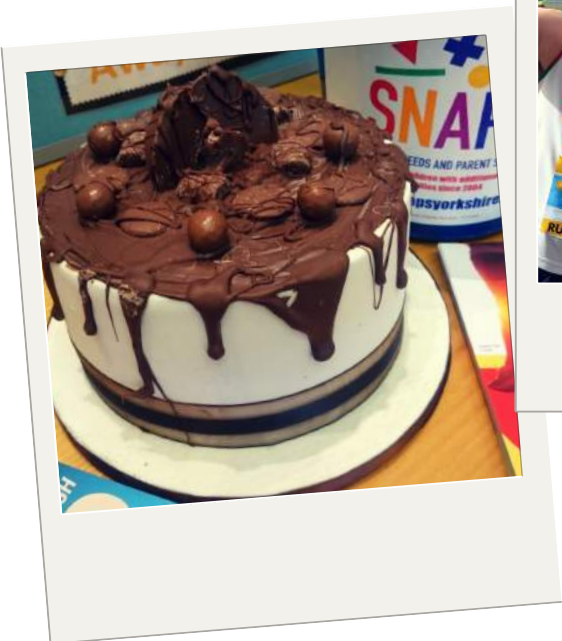


# SNAPS

SPECIAL NEEDS AND PARENT SUPPORT

# FUNDRAISING

# PACK



# THANK YOU FOR SUPPORTING SNAPS!

WE ARE A LOCAL LEEDS CHARITY OFFERING ACCESSIBLE, AFFORDABLE AND REGULAR PHYSIOTHERAPY AND A SUPPORTIVE ENVIRONMENT TO CHILDREN WITH SPECIAL NEEDS AND THEIR FAMILIES.

## WHAT WE DO

### HYDROTHERAPY & SWIMMING LESSONS

THESE SESSIONS ALLOW CHILDREN TO HAVE A 1-TO-1 SESSION WITH A QUALIFIED PHYSIOTHERAPIST TO HELP DEVELOP STRENGTH AND MOBILITY. THE SWIMMING LESSONS ALSO HELP TO BUILD CONFIDENCE AND ENABLE SOME CHILDREN TO ATTEND MAINSTREAM SWIMMING PROVISION IN THE COMMUNITY.



### REBOUND THERAPY

REBOUND THERAPY IS USED TO FACILITATE MOVEMENT, PROMOTE BALANCE, PROMOTE AN INCREASE OR DECREASE IN MUSCLE TONE, PROMOTE RELAXATION, PROMOTE SENSORY INTEGRATION, IMPROVE FITNESS AND EXERCISE TOLERANCE, AND TO IMPROVE COMMUNICATION SKILLS.



### SOCIALISING AND PLAY

ALL SNAPS SESSIONS ARE AN OPPORTUNITY FOR PARENTS AND CARERS TO GET TOGETHER AND TALK TO OTHER PARENTS WHO MAY HAVE SIMILAR EXPERIENCES. IT GIVES OUR FAMILIES AN OPPORTUNITY TO SHARE INFORMATION AND PROVIDE MUTUAL SUPPORT FOR EACH OTHER.

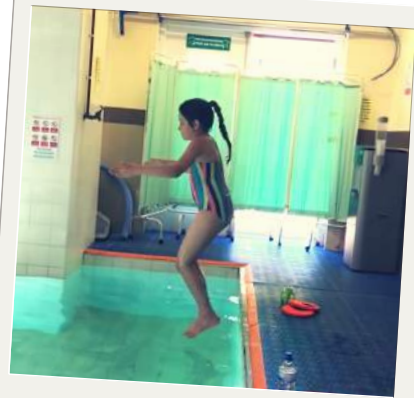


PHYSICAL THERAPY SESSIONS FOR CHILDREN WITH SPECIAL NEEDS CAN BE EXPENSIVE AND DIFFICULT TO ACCESS. ONE OF OUR THERAPY SESSIONS COSTS £40, BUT, THANKS TO FUNDRAISERS LIKE YOU, OUR FAMILIES PAY JUST £9.

# WHAT OUR FAMILIES SAY

"BIRDY HAS COME SUCH A LONG WAY, WE USED TO HAVE 'NORMAL' SWIM LESSONS FOR BIRDY FOR A YEAR AND NEVER GOT ANYWHERE, AND IN JUST OVER A YEAR AT SNAPS BIRDY IS PRACTICALLY SWIMMING UNAIDED. WE ARE SO THRILLED AS WE NEVER THOUGHT IT POSSIBLE. UNFORTUNATELY WE NEED A LONGER AND DEEPER POOL TO STOP HER CHEATING! BUT YOU WILL DEFINITELY WILL SEE BIRDY AROUND SHE'S MADE SOME GREAT FRIENDSHIPS AT SNAPS."

NICKY, BIRDY'S MUM



"EVERY DAY FOR EVIE IS LIKE CLIMBING A MOUNTAIN – THE DAY-TO-DAY ACTIVITIES THAT MOST PEOPLE TAKE FOR GRANTED HAVE NOT COME EASY FOR EVIE. WALKING, COMMUNICATING, AND FEEDING HERSELF ARE ALL DAILY CHALLENGES THAT REQUIRE OUR HELP AND SUPPORT...SNAPS OFFERS SUCH AN AMAZING SERVICE TO CHILDREN IN NEED. PRIVATE THERAPY COSTS A FORTUNE AND AT SNAPS THEY PROVIDE AFFORDABLE REGULAR THERAPY BY TRAINED NEURO PHYSIO PROFESSIONALS. BUT IT'S NOT JUST ABOUT THE THERAPY, SNAPS PROVIDES A WELCOMING PLACE FOR PARENTS LIKE US TO GO AND SPEAK TO OTHER PARENTS WHO UNDERSTAND WHAT IT'S LIKE TO HAVE A CHILD WITH ADDITIONAL NEEDS, AND WHO ARE GOING THROUGH SIMILAR CHALLENGES SO CAN SHARE EXPERIENCES AND HELP EACH OTHER."

EVIE'S PARENTS



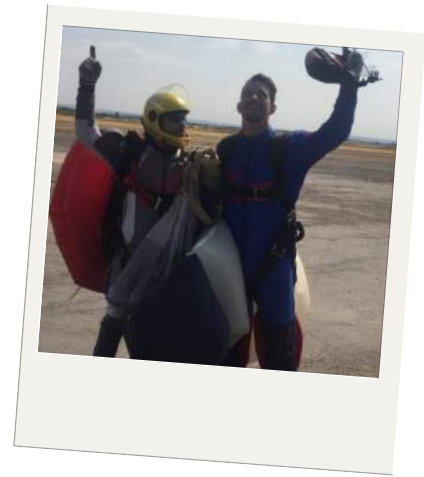
"JAKE HAS A SPINAL CORD INJURY AND HAS LIMITED MOBILITY. THE HYDROTHERAPY AND REBOUND THERAPY PROVIDED BY SNAPS ON A REGULAR BASIS KEEPS HIM MOVING AND CONSTANTLY STRENGTHENING. OUR NHS PHYSIO IS ONLY ABLE TO OFFER BLOCKS OF THERAPY EVERY FEW MONTHS AND SO THE REGULARITY THAT SNAPS OFFERS IS ABSOLUTELY KEY TO KEEPING HIM CONSTANTLY IMPROVING, WHICH IN TURN IS BUILDING HIS CONFIDENCE. I CAN'T REALLY PUT INTO WORDS HOW MUCH WE VALUE AND APPRECIATE WHAT SNAPS HAS DONE FOR JAKE AND OUR FAMILY – THEY HAVE BEEN A MASSIVE PART OF OUR JOURNEY SO FAR. THANK YOU SNAPS"

AMANDA, JAKE'S MUM



# WAYS TO FUNDRAISE

**UP FOR A CHALLENGE?** WHETHER YOU CHOOSE A HALF MARATHON OR A SKYDIVE, HAVE THE EXPERIENCE OF A LIFETIME WHILE RAISING MONEY FOR SNAPS! TAKE YOUR PICK FROM OUR UPCOMING EVENTS AT [WWW.SNAPSYORKSHIRE.ORG](http://WWW.SNAPSYORKSHIRE.ORG) OR SEE WHAT'S OUT THERE AND FIND THE PERFECT CHALLENGE FOR YOU!



**STUCK FOR AN IDEA?** CHECK OUT OUR LIST OF A-Z IDEAS ON THE FUNDRAISING SECTION OF OUR WEBSITE AND GET STUCK IN!

**HOLD YOUR OWN EVENT!** IT COULD BE A BAKE OFF, A FASHION SHOW, A PUB QUIZ, A SPORTS DAY... THERE ARE SO MANY OPTIONS! IF YOU DECIDE TO THROW A FUNDRAISING BASH, MAKE SURE TO READ THE INFORMATION ABOUT FUNDRAISING RULES AND REGULATIONS IN THIS FUNDRAISING PACK.



**FUNDRAISE ONLINE!** ONCE YOU'VE DECIDED HOW TO FUNDRAISE, THE EASIEST WAY TO ASK FOR SPONSORSHIP IS TO DO IT ONLINE. SET UP A PAGE AT [WWW.UK.VIRGINMONEYGIVING.COM](http://WWW.UK.VIRGINMONEYGIVING.COM) AND SHARE IT WITH EVERYONE YOU KNOW! (PSST...IF YOU SHARE YOUR PAGE WITH @SNAPS\_LEEDS ON TWITTER THEN WE CAN RETWEET IT FOR YOU!)

**TAKE YOUR FUNDRAISING TO WORK!** COULD YOU TAKE A COLLECTION TIN TO WORK, OR GET YOUR COLLEAGUES TO SPONSOR YOU TO GIVE UP ON THE OFFICE BISCUIT TIN? YOU COULD ALSO SEE IF YOUR COMPANY OFFERS PAYROLL GIVING OR MATCHED GIVING - BOTH ARE REALLY SIMPLE AND EFFECTIVE WAYS TO POTENTIALLY RAISE A BIG AMOUNT.

**TELL US ABOUT YOUR PLANS BY SHARING THEM WITH US ON FACEBOOK AND TWITTER, EMAILING [JENNY@SNAPSYORKSHIRE.ORG](mailto:JENNY@SNAPSYORKSHIRE.ORG) OR CALLING 07534 972 384.**

# FUNDRAISING RULES AND REGULATIONS

**BEFORE YOU GET STARTED, MAKE SURE TO READ THIS SECTION SO YOUR FUNDRAISING STAYS SAFE, FUN AND FRUITFUL!**

**IF YOU'RE HOLDING AN EVENT:**

- **MAKE SURE TO COMPLETE A RISK ASSESSMENT - SIMPLE TEMPLATES AND TUTORIALS ARE AVAILABLE ONLINE**
- **ANY EVENT INVOLVING THE PUBLIC REQUIRES INSURANCE - CHECK WITH THE VENUE THAT YOUR EVENT WILL BE COVERED**
- **PLANNING ON SERVING ALCOHOL OR PROVIDING ENTERTAINMENT? YOU'LL NEED TO CONTACT YOUR LOCAL COUNCIL FOR A TEMPORARY EVENT NOTICE.**

**IF YOU'RE COLLECTING MONEY:**

- **IF YOU'RE HOLDING A STREET COLLECTION, YOU'LL NEED A LICENCE FROM YOUR LOCAL AUTHORITY**
- **IF YOU'RE COLLECTION IS OPEN TO THE PUBLIC, BUT BEING HELD ON PRIVATE PROPERTY (SUCH AS A SHOPPING CENTRE OR A PUB), YOU'LL NEED PERMISSION FROM THE OWNER OR MANAGER.**



**IF YOU'RE HAVING A RAFFLE:**

- **IF YOUR RAFFLE IS PART OF AN EVENT, THEN YOU WON'T NEED A LICENCE TO SELL TICKETS AT THE EVENT AND DRAW PRIZES**
- **IF YOU WANT TO RUN A STAND-ALONE RAFFLE (WHERE YOU SELL TICKETS OVER A PERIOD OF TIME), THEN YOU'LL NEED TO GET A LICENCE FROM YOUR LOCAL AUTHORITY.**

# KEEP IN TOUCH

MAKE SURE TO KEEP US UPDATED ON WHAT YOU'RE DOING TO SUPPORT SNAPS  
BY GETTING IN TOUCH:

JENNY SELLERS

COMMUNITY FUNDRAISING MANAGER

E: [JENNY@SNAPSYORKSHIRE.ORG](mailto:JENNY@SNAPSYORKSHIRE.ORG)

T: 07534 972 384

## SENDING IN YOUR FUNDRAISING OR DONATION

IF YOU HAVE SPONSORSHIP TO SEND TO US OR WANT TO MAKE A DONATION, THEN PLEASE EMAIL [JENNY@SNAPSYORKSHIRE.ORG](mailto:JENNY@SNAPSYORKSHIRE.ORG) FOR MORE INFORMATION ON HOW TO DO THIS.

## FOLLOW US



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/SNAPSYORKSHIRE

[WWW.SNAPSYORKSHIRE.ORG](http://WWW.SNAPSYORKSHIRE.ORG)



REGISTERED CHARITY NUMBER: 1171244