



SPECIAL NEEDS AND PARENT SUPPORT

# Impact Report

## In the past year, we have...



Supported  
Approximately

**180**  
Families  
every  
month



Enjoyed

**5**  
Trips out  
with our  
families



Presented Over

**100**  
Super Star  
Awards



Raised Over

**£160K**  
In donations  
to support  
our work



Presented Over

**34**  
Rockhopper  
swimming  
awards

Delivered

**363**  
Swimming  
lessons

Delivered

**363**  
Hydrotherapy  
sessions



Delivered

**726**  
Rebound  
therapy  
sessions

Delivered

**66**  
Stay & Play  
sessions



Delivered

**138**  
Music  
Sessions



Delivered

**24**  
Walk & talk  
sessions

Delivered

**70**  
Football  
sessions



Delivered

**4**  
yoga &  
relaxation  
sessions



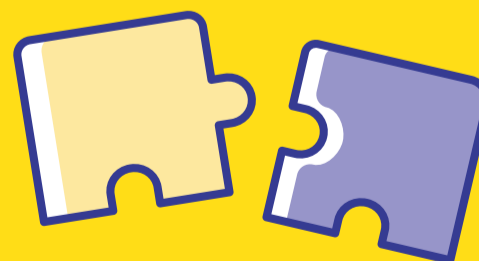
Delivered

**24**  
Group  
support  
sessions



Delivered

**3**  
wellbeing  
days

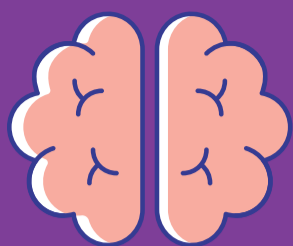


Delivered

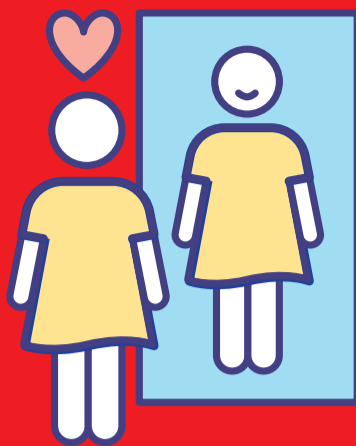
**180**  
Counselling  
sessions



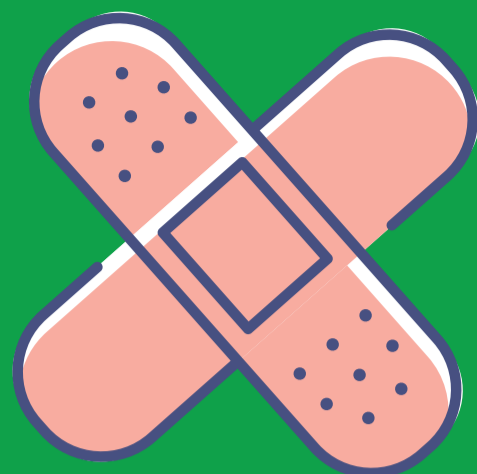
# 100% of families surveyed reported...



Improvements in their child's mental health



An improvement in their child's confidence following SNAPS sessions



Improvements in their child's pain

An improvement in their child's happiness following sessions



"The progress we have seen is amazing from a child who was floppy to one who is super quick when crawling and starting to progress to walking is incredible".

"SNAPS has given Josh a safe place to play, which has helped him build his confidence and become the wonderful cheeky little boy that he is. Coming to SNAPS has had a positive impact for our whole family and we are forever grateful for this charity and the volunteers".

"Riley doesn't like getting out of bed for much but for football he will bounce out of bed and can't wait to get there! Thank you so much SNAPS for helping Riley's confidence grow and helping him enjoy something that brings so much joy to his life! I hate to think where he'd be today if it wasn't for SNAPS".

63% of parents/carers surveyed saw an improvement in both theirs and their child's feelings of isolation



91% of families surveyed saw an improvement in their child's physical health

"Every time I attend a group I always leave feeling so much better and like a weight has been lifted".



83% of families who have a sibling of a child with additional needs reported a large improvement in those siblings feelings & wellbeing