

# **Special Needs & Parent Support (Yorkshire) CIO**

Charity number 1171244

## **Annual Report and Financial Statements**

**for the year ended 31 March 2023**



**WYCAS**

COMMUNITY ACCOUNTING  
WEST YORKSHIRE

# **Special Needs & Parent Support (Yorkshire) CIO**

## **Annual Report and Financial Statements for the year ended 31 March 2023**

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**Prepared by West Yorkshire Community Accountancy Service CIO**

# Special Needs & Parent Support (Yorkshire) CIO

## Trustees' report for the year ended 31 March 2023

### Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Christopher Eatwell	Chair	
Ross McWilliams	Vice chair	
Paul Rowson	Vice chair	
Howard Pickles	Treasurer	
Nicola McVennon		Resigned 13 May 2023
Deborah Hingerton		
Lora Bedford		
Victoria Moss		
Sunjayee Chauhan		
Thomas Wake		
Susan Rumbold		Resigned 16 May 2023
Shelley Sheridan		Appointed 22 November 2022

**Charity number** 1171244 Registered in England and Wales

<b>Registered and principal address</b> 17a Earlswood Avenue Leeds LS8 2AF	<b>Bankers</b> Barclays Bank PLC Leeds 2 Leicestershire LE87 2BB	Shawbrook Bank Limited Lutea House Warley Hill Business Park Great Warley Essex CM13 3BE
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### Independent examiner

Rhys North ACA

### West Yorkshire Community Accountancy Service CIO

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 23 January 2017 and is governed by a constitution.

### Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

### Objectives and activities

#### The charity's objects

To help meet the needs of parents and carers of children with special needs by the provision of support and advocacy, advice and information.

To promote health and education for children with special needs and their parents and carers.

To provide educational and recreational facilities in the interests of social welfare for children with special needs and their parents and carers so that conditions of life may be improved.

# **Special Needs & Parent Support (Yorkshire) CIO**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Objectives and activities continued**

#### **The charity's main activities**

Special Needs & Parent Support (Yorkshire) CIO (SNAPS) runs what is primarily a Saturday support group with a range of therapeutic and other support activities, specifically for children with additional needs, and provides the opportunity for the whole family to participate, including siblings, and for the parents to socialise, swap stories and experiences, and learn from each other. Activities include hydrotherapy, rebound therapy, music therapy, arts and crafts, boccia, music activities, soft play, and a separate football training activity, with other activities as needs are identified, and funding allows. In addition the charity delivers support directly to families through Family Support, along with counselling sessions for parents.

#### **Public benefit statement**

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education through promoting the inclusion of families with children with special needs.

SNAPS aims to support any family with a disabled child who requires support. SNAPS supports the whole family and meets at a weekend to positively promote inclusion.

#### **Achievements and performance**

The past year has been a very interesting period, dominated by coming out of the lockdowns and restrictions of the pandemic. SNAPS has been back to full delivery of physiotherapy and other support services, although somewhat restrained by the shortage of qualified physiotherapists.

This review looks at four specific areas – Operations, Finances, Trustees, and the future of SNAPS.

**Firstly, Operations** – This has been another time of unmet needs for our families, with many services and charities still struggling in the post-pandemic period. SNAPS staff and the Family Support team have been working at full stretch to meet the burgeoning need, as shown by the extensive backlog of children and families on our waiting lists. Many of the recipients have expressed their thanks for the positive support received. We have also focussed on ensuring that our staff team, and in particular, their mental health, is supported at all times.

Having lost some staff as we emerged from furlough, we have managed to recruit new team members, who have then been fully trained and are delivering our services to the required standards. We have continued to review and improve our management and policy structures, such as business and financial planning, and strategic development, and have developed an ambitious plan for further growth, both in the next financial year, and beyond. We continue the search for a third site to enable SNAPS to deliver a more extensive range of supportive therapies and meet the identified need across the region.

We have also maintained our support for the West Yorkshire Children's Additional Needs Network, now 95 organisations strong, which SNAPS co-founded in 2016, to improve the flow of information and communication between charities and statutory bodies from education, healthcare and Local Government across the region.

**Secondly, Finances** – Although raising funds has continued to be challenging in a market place which has been stretched ever tighter by the tough financial and economic conditions prevailing, our fundraising team has outperformed expectations and delivered a strong result. As a result of the generosity of our many supporters and a lot of hard work from the team, SNAPS ended the current year in an excellent financial position, and stronger than ever before, which helps the charity become as sustainable as possible, and grow our services in the future. It is important to mention two particular contributors – Irwin Mitchell, which continue their long term and regular support, and the Alerce Trust, our wonderfully generous benefactor.

SNAPS has a good story to tell and we tell it well, and have shown that we can competently manage the steady growth required to build a successful organisation and expand the provision of service to the families of Leeds. SNAPS is an independent charity, not an agency of social services or Leeds City Council, and we take no financing from local or national government in any form. In the current economic climate, and with cuts to government grants so prevalent, our independence has been seen by our funders as a strength.

# Special Needs & Parent Support (Yorkshire) CIO

## Trustees' report (continued) for the year ended 31 March 2023

### Achievements and performance continued

**Thirdly, the Board of Trustees** - We are fortunate in having a group of talented people with widely differing backgrounds and skills to be the current Board of Trustees, including hard pressed parents, to help set strategy and provide oversight of our work, and I would like to acknowledge their hard work and contribution in the last year in helping to deal with the issues facing the charity. During this period, we have managed to retain the invaluable services of 11 Trustees, and added a new recruit, which has helped to provide stability, certainty and continuity.

And lastly, **the future of SNAPS** – The challenges facing small charities cannot be under-estimated, but as Chair, I am confident that we will continue to develop and grow, supported by the good will and contributions of our many families, supporters and stakeholders. Since 2015, SNAPS has grown by a factor of roughly 6 times in terms of provision of services, income and reserves, which is a tremendous performance in a demanding market place, and an excellent advertisement for the hybrid business model which we have adopted, developed and used to such advantage. The new development strategy offers promise of further expansion and an even more exciting future. The good news in this Review is down to the hard work and determination of the team and the family that is SNAPS.

### Financial review

The net expenditure for the year was £75,972, including net expenditure of £79,699 on unrestricted funds and net income of £3,727 on restricted funds.

### Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £111,316.

SNAPS aims to provide a high quality service to our clients and their families, and supportive and challenging jobs for staff, paid and voluntary. In order to be able to do this, we need to have a solid financial infrastructure. Part of this is having financial reserves, which can be used in emergency situations – such as a sudden loss of funding, the urgent need to replace equipment, or, in extremis, to close the organisation and lay off the employees.

It is considered best practice to have a Reserves Policy. The ideal level of reserves is to ensure that all the financial commitments facing the organisation in case SNAPS was required to close down suddenly, can be covered - this means the salary and redundancy commitments towards our employed staff, the contractual commitments towards our specialists employed on contracts for services, and rental and other contractual agreements. SNAPS has operated in recent years on an 'asset light' basis, in that the charity rents operating space, and has few other physical assets beyond computers and play equipment. We do not utilise a rented office space, which makes a significant difference in terms of financial liabilities.

It is however prudent and in line with the Charity Commission guidelines to maintain a level of reserves to be able to cover up to 50% of the charity's operating costs. Annual operating costs for the year ending 31st March 2023 were £260,294 which suggests holding reserves of £130,147. Unrestricted reserves held at that date were £111,316, which equates to 43% of operating costs. Our 2023/2024 budget has set income at £318k with corresponding expenditure at £312k, giving a budget surplus of £6k. The increased expenditure is as a result of the Trustees commitment to provide the services families need and a project to review strategic opportunities for SNAPS. Taking into account the budgeted surplus, unrestricted funds will be held in the region of £104k-£156k, being 4-6 months operating costs which the trustees consider sufficient given the asset light nature of SNAPS.

Restricted funds fall outside the definition of reserves, but the nature and amount of such funds may impact on a charity's reserves policy. Where significant amounts are held as restricted funds the nature of the restrictions is considered as such funds may reduce the need for reserves in particular areas of the charity's work.

The Trustees are committed to working within budgets to maintain adequate levels of reserves, and will continue to review the level of reserves to ensure that it meets all possible future requirements, as identified in our Business Plan.

Approved by the board of trustees on .....

Signed: ..... (Trustee)

Name: .....

# **Special Needs & Parent Support (Yorkshire) CIO**

## **Independent examiner's report to the trustees of Special Needs & Parent Support (Yorkshire) CIO**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2023, which are set out on pages 6 to 13.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: ..... Name: Rhys North ACA

Date: .....

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Special Needs & Parent Support (Yorkshire) CIO**  
**Statement of Financial Activities**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2023**

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
<b>Income from:</b>					
Grants and donations	(2)	55,070	80,286	135,356	151,603
Fundraising		25,340	-	25,340	9,242
Fee income		21,947	-	21,947	8,299
Other Income		1,145	-	1,145	4,811
Bank interest		534	-	534	396
<b>Total income</b>		<u>104,036</u>	<u>80,286</u>	<u>184,322</u>	<u>174,351</u>
<b>Expenditure on:</b>					
Salaries, NIC and pensions	(3)	121,594	38,612	160,206	101,177
Recruitment		466	-	466	919
Travel and subsistence		1,295	1,281	2,576	1,022
Physiotherapists		11,154	6,113	17,267	12,371
Swimming instructors		469	2,771	3,240	2,212
Football Coaches		1,579	2,671	4,250	370
Other Freelance workers		-	-	-	703
Management and accounts		5,778	160	5,938	4,164
Counselling		12,725	3,200	15,925	10,765
Equipment and resources		137	40	177	839
DBS checks		557	-	557	913
Rent and room hire		9,556	11,335	20,891	11,402
Activities, meals and entertainment		5,108	5,663	10,771	2,751
Telephone and internet		1,671	34	1,705	1,939
IT software and consumables		1,658	1,026	2,684	3,487
Advertising and marketing		200	-	200	73
Postage and delivery		431	869	1,300	1,324
Printing and stationery		-	-	-	892
Insurance		740	-	740	699
Memberships and subscriptions		455	-	455	413
Independent examination		990	-	990	900
Training		536	150	686	2,099
Fundraising expense		4,893	2,155	7,048	10,007
Other expenditure		732	479	1,211	1,433
Depreciation		1,011	-	1,011	735
<b>Total expenditure</b>		<u>183,735</u>	<u>76,559</u>	<u>260,294</u>	<u>173,609</u>
<b>Net income / (expenditure)</b>		<u>(79,699)</u>	<u>3,727</u>	<u>(75,972)</u>	<u>742</u>
<b>Fund balances brought forward</b>		<u>192,375</u>	<u>16,156</u>	<u>208,531</u>	<u>207,789</u>
<b>Fund balances carried forward</b>	(4)	<u>112,676</u>	<u>19,883</u>	<u>132,559</u>	<u>208,531</u>

All incoming resources and resources expended derive from continuing activities.

# Special Needs & Parent Support (Yorkshire) CIO

## Balance sheet

as at 31 March 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Fixed assets</b>				
Tangible assets	(5) 1,360	-	1,360	1,906
<b>Total fixed assets</b>	<u>1,360</u>	<u>-</u>	<u>1,360</u>	<u>1,906</u>
<b>Current assets</b>				
Debtors and prepayments	(6) 6,502	-	6,502	10,328
Cash at bank	111,293	19,883	131,176	208,843
<b>Total current assets</b>	<u>117,795</u>	<u>19,883</u>	<u>137,678</u>	<u>219,171</u>
<b>Current liabilities:</b>				
<b>amounts falling due within one year</b>				
Creditors and accruals	(7) 6,479	-	6,479	12,546
<b>Total current liabilities</b>	<u>6,479</u>	<u>-</u>	<u>6,479</u>	<u>12,546</u>
<b>Net current assets / (liabilities)</b>	<u>111,316</u>	<u>19,883</u>	<u>131,199</u>	<u>206,625</u>
<b>Net assets</b>	<u>112,676</u>	<u>19,883</u>	<u>132,559</u>	<u>208,531</u>
<b>Funds</b>				
Unrestricted funds	112,676	-	112,676	192,375
Restricted funds	-	19,883	19,883	16,156
<b>Total funds</b>	<u>112,676</u>	<u>19,883</u>	<u>132,559</u>	<u>208,531</u>

The financial statements were approved by the board of trustees on .....

Signed: ..... (Trustee)

Name: .....



# **Special Needs & Parent Support (Yorkshire) CIO**

## **Notes to the accounts**

### **for the year ended 31 March 2023**

#### **1 Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice:

Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Going concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

##### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Tangible fixed assets**

Tangible fixed assets costing more than £300 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Computer equipment: over 3 years

##### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**Special Needs & Parent Support (Yorkshire) CIO**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

2 Grants and donations	2023	2023	2023	2022
	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Arthur Gallagher Memorial Fund	1,000	-	1,000	-
BBC Children In Need	500	8,532	9,032	5,750
Edith Murphy Foundation	5,000	-	5,000	5,000
Hays Travel Foundation	-	3,257	3,257	-
Jimbo's Fund	-	13,530	13,530	-
Joan Wilkinson Charitable Trust	1,500	-	1,500	-
LAPA Charitable Trust	1,000	-	1,000	-
Leeds Community Foundation	-	15,000	15,000	-
Leeds Mind	-	1,000	1,000	-
Pears Youth Fund	-	9,956	9,956	-
Seedlings Foundation	-	1,200	1,200	-
Stubbs Family Charitable Trust	1,000	-	1,000	-
The Alan Robert Laken Charitable Trust	-	5,228	5,228	-
The Brelms Trust CIO	-	6,000	6,000	-
The David Lister Charitable Trust	2,000	-	2,000	-
The JR Murray Charitable Trust	4,000	-	4,000	-
The Metis Trust	2,000	-	2,000	-
The National Foundation for Youth Music	-	8,420	8,420	-
The Pierrepont Trust	10,000	-	10,000	20,000
The Prince of Wales Charitable Trust	-	4,743	4,743	-
The Sir Hugh and Lady Bell Trust	1,000	-	1,000	-
The Sylvia and John Shepard Charitable Trust	1,000	-	1,000	-
The Tula Trust	2,000	-	2,000	-
The Webb Family Charitable Trust	3,000	-	3,000	2,000
Wade's Charity	-	2,500	2,500	-
WW Spooner Charitable Trust	1,000	-	1,000	1,000
Alerce Trust	-	-	-	50,000
BDB Pitmans Charitable Trust	-	-	-	2,000
Cordis Charity Foundation	-	-	-	1,000
Gay & Peter Hartley's Hillards Charitable Trust	-	-	-	1,000
HMRC Coronavirus Job Retention Scheme	-	-	-	4,521
Kathleen Beryl Sleigh Charitable Trust	-	-	-	5,000
Ladbrokes Coral Trust	-	-	-	1,000
Lara Atkin Charitable Foundation	-	-	-	5,000
Sovereign Health Care	-	-	-	3,486
The Albert Gubay Foundation	-	-	-	12,885
The Dalby Charitable Trust	-	-	-	1,000
The Scurrah Wainwright Charity	-	-	-	4,846
The Theodore Maxxy Charitable Trust	-	-	-	2,000
The Xerox (UK) Trust	-	-	-	1,500
Wesleyan Foundation	-	-	-	1,950
Gift Aid	3,254	-	3,254	148
Other donations	15,816	920	16,736	20,517
	<u>55,070</u>	<u>80,286</u>	<u>135,356</u>	<u>151,603</u>

**Special Needs & Parent Support (Yorkshire) CIO**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

<b>3 Staff costs and numbers</b>	2023	2022
	£	£
Gross salaries	154,279	99,362
Social security costs	8,643	4,472
Employment allowance	(5,000)	(4,000)
Pensions	2,284	1,343
	<u>160,206</u>	<u>101,177</u>

The average number of employees during the year was 22.8, being an average of 5.5 full time equivalent (2022: 20.4, 4.1 FTE). There were no employees with emoluments above £60,000.

<b>Defined contribution pension scheme</b>	2023	2022
	£	£
Costs of the scheme to the charity for the year	2,284	1,343
Amount of any contributions outstanding at the year end	502	338

<b>4 Restricted funds</b>	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Jimbo's Fund	1,816	-	1,816	-	-
The Scurrah Wainwright Charity	4,846	-	4,846	-	-
The Albert Gubay Foundation	9,494	-	9,494	-	-
Leeds Community Foundation	-	15,000	15,000	-	-
BBC Children in Need Training	-	250	250	-	-
Metcalfe Smith Trust	-	270	270	-	-
Leeds Mind - Live Well	-	1,000	657	-	343
The Seedlings Foundation	-	1,200	1,200	-	-
Youth Music Trailblazer Fund	-	8,420	5,355	-	3,065
T Wake donation	-	150	150	-	-
Barclays Sporting Foundation	-	500	500	-	-
Pears Youth Fund	-	9,956	9,956	-	-
BBC Children in Need	-	8,282	5,337	-	2,945
The Brelms Trust	-	6,000	6,000	-	-
Wades Charity	-	2,500	2,500	-	-
Prince of Wales Charitable Trust	-	4,743	4,743	-	-
Hays Travel Foundation	-	3,257	3,257	-	-
The Alan Robert Laken Ch. Trust	-	5,228	5,228	-	-
Jimbo's (Pennyfield)	-	13,530	-	-	13,530
	<u>16,156</u>	<u>80,286</u>	<u>76,559</u>	<u>-</u>	<u>19,883</u>

**Special Needs & Parent Support (Yorkshire) CIO**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

**4 Restricted funds continued**

<b>Fund name</b>	<b>Purpose of restriction</b>
Jimbo's Fund	To fund two physiotherapists
The Scurrah Wainwright Charity	To fund SNAPS Saturday sessions
The Albert Gubay Foundation	To fund swimming and football coaching and sessions
Leeds Community Foundation	To fund salary costs for a strategic review of SNAPS
BBC Children in Need Training	Towards dissemination of Anna Freud training
Metcalfe Smith Trust	Towards summer activities
Leeds Mind - Live Well	Towards 4 quarterly wellbeing sessions
The Seedlings Foundation	Towards holiday activities
Youth Music Trailblazer Fund	Towards music lessons
T Wake donation	For funding autism training
Barclays Sporting Foundation	Towards venue hire for football
Pears Youth Fund	Towards core costs
BBC Children in Need	Towards physiotherapy
The Brelms Trust	Towards walk and talk and group sessions and counselling
Wades Charity	Towards superhero zoom challenge
Prince of Wales Charitable Trust	Towards Stay and Play costs
Hays Travel Foundation	Towards Stay and Play costs
The Alan Robert Laken Ch. Trust	Towards Stay and Play costs
Jimbo's (Pennyfield)	Towards rebound sessions

**5 Tangible assets**

	Computer equipment	Total
<u>Cost</u>	£	£
At 1 April 2022	3,828	3,828
Additions	465	465
At 31 March 2023	<u>4,293</u>	<u>4,293</u>
<u>Depreciation</u>		
At 1 April 2022	1,922	1,922
Charge for year	1,011	1,011
At 31 March 2023	<u>2,933</u>	<u>2,933</u>
<u>Net book value</u>		
At 31 March 2023	<u>1,360</u>	<u>1,360</u>
At 31 March 2022	<u>1,906</u>	<u>1,906</u>

**6 Debtors and prepayments**

	2023	2022
	£	£
Debtors	-	1,902
Prepayments	6,502	8,426
	<u>6,502</u>	<u>10,328</u>

**Special Needs & Parent Support (Yorkshire) CIO**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

<b>7 Creditors and accruals</b>	2023	2022
	£	£
Creditors	1,765	3,051
Accruals	4,554	3,804
Income received in advance	160	5,691
	<u>6,479</u>	<u>12,546</u>

**8 Related party transactions**

**Trustee expenses**

No trustee received any expenses during this year or the previous year.

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Remuneration and benefits received by key management personnel**

The total employee benefits received by key management personnel were £32,021 (previous year: £26,427).

**Special Needs & Parent Support (Yorkshire) CIO**  
**Statement of Financial Activities including comparatives for all funds**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2023**

	2023	2022	2023	2022	2023	2022
	Unrestricted	Unrestricted	Restricted	Restricted	Total	Total
	funds	funds	funds	funds	funds	funds
	£	£	£	£	£	£
<b>Income</b>						
Grants and donations	55,070	116,115	80,286	35,488	135,356	151,603
Fundraising	25,340	9,242	-	-	25,340	9,242
Fee income	21,947	8,299	-	-	21,947	8,299
Other Income	1,145	4,811	-	-	1,145	4,811
Bank interest	534	396	-	-	534	396
<b>Total income</b>	<b>104,036</b>	<b>138,863</b>	<b>80,286</b>	<b>35,488</b>	<b>184,322</b>	<b>174,351</b>
<b>Expenditure</b>						
Salaries, NIC and pensions	121,594	85,416	38,612	15,761	160,206	101,177
Recruitment	466	919	-	-	466	919
Travel and subsistence	1,295	1,022	1,281	-	2,576	1,022
Physiotherapists	11,154	-	6,113	12,371	17,267	12,371
Swimming instructors	469	1,132	2,771	1,080	3,240	2,212
Football Coaches	1,579	-	2,671	370	4,250	370
Other Freelance workers	-	703	-	-	-	703
Management and accounts	5,778	4,164	160	-	5,938	4,164
Counselling	12,725	-	3,200	10,765	15,925	10,765
Equipment and resources	137	364	40	475	177	839
DBS checks	557	913	-	-	557	913
Rent and room hire	9,556	10,189	11,335	1,213	20,891	11,402
Activities, meals and entertainment	5,108	2,151	5,663	600	10,771	2,751
Telephone and internet	1,671	1,939	34	-	1,705	1,939
IT software and consumables	1,658	3,487	1,026	-	2,684	3,487
Advertising and marketing	200	73	-	-	200	73
Postage and delivery	431	1,324	869	-	1,300	1,324
Printing and stationery	-	892	-	-	-	892
Insurance	740	699	-	-	740	699
Memberships and subscriptions	455	413	-	-	455	413
Independent examination	990	900	-	-	990	900
Training	536	2,099	150	-	686	2,099
Fundraising expense	4,893	10,007	2,155	-	7,048	10,007
Other expenditure	732	1,433	479	-	1,211	1,433
Depreciation	1,011	735	-	-	1,011	735
<b>Total expenditure</b>	<b>183,735</b>	<b>130,974</b>	<b>76,559</b>	<b>42,635</b>	<b>260,294</b>	<b>173,609</b>
<b>Net income / (expenditure)</b>	<b>(79,699)</b>	<b>7,889</b>	<b>3,727</b>	<b>(7,147)</b>	<b>(75,972)</b>	<b>742</b>
<b>Transfers between funds</b>	<b>-</b>	<b>475</b>	<b>-</b>	<b>(475)</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>	<b>(79,699)</b>	<b>8,364</b>	<b>3,727</b>	<b>(7,622)</b>	<b>(75,972)</b>	<b>742</b>
<b>Fund balances brought forward</b>	<b>192,375</b>	<b>184,011</b>	<b>16,156</b>	<b>23,778</b>	<b>208,531</b>	<b>207,789</b>
<b>Fund balances carried forward</b>	<b>112,676</b>	<b>192,375</b>	<b>19,883</b>	<b>16,156</b>	<b>132,559</b>	<b>208,531</b>