**SNAPS’ Rebound Therapy Volunteer Role**

SNAPS (Special Needs and Parent Support) is based in Leeds and provides support services for children with additional needs of all kinds, and their families.

Our aim is to support the entire family by enabling the child, along with siblings, parents and other carers to participate in a shared experience of physical activity, fun and conversation in relaxed surroundings. All of our sessions are supported by professional and dedicated staff. Our age range is from 0 to 16, although most of our children are under 10 years old. Children do not need a formal diagnosis to access SNAPS’ services, families can self-refer to the charity or be referred by another organisation and we accept children from any location.

**Volunteer Role:** Rebound Therapy Volunteer

**Reporting to:** Jo Milburn – Children's Service Manager (jo@snapsyorkshire.org)

**Locations :** Penny Field North SILC – LS6 4QD OR Broomfield South SILC – LS10 3JP

**Hours of Volunteering:**

5 hours a week on Saturdays the project is open (9am – 2.00pm).

We ask all our volunteers to do a minimum of 10 sessions across two terms which is

usually around 11 weeks per term.

We support volunteers to pick dates that work for them and those that wish to do

more hours.

**Website:** [www.snapsyorkshire.org](http://www.snapsyorkshire.org)

**Volunteering Policy :** [Reporting And Policies - SNAPS Yorkshire](https://www.snapsyorkshire.org/reporting-and-policies/)

**What will the role look like?**

We are looking for a friendly, outgoing, caring people who can welcome families to our sessions and support the professional delivery of services at SNAPS’ Penny Field or Broomfield site. The successful volunteer will support Rebound sessions on the trampoline with the physiotherapist and support workers. This will include going on the trampoline, supporting and taking notes, setting up the area and cleaning down the area after the session.

**We are looking for:**

· A friendly, approachable and professional demeanour

· A team player and wiling to help where needed

· An ability to make everyone feel welcome at SNAPS sessions

· Sensitivity to the different situations SNAPS families might be facing

· Be available for at least 3 Saturdays (9am - 2pm) per term during term time to support SNAPS sessions

· Able to actively take part in the rebound sessions, getting onto the trampoline to support the child and the physiotherapist in the delivery of the session

· Great communication skills

· Be willing to get involved in a variety of activities with children and parents/carers

· A commitment to the work of SNAPS

**We will offer Volunteers in return:**

* DBS (SNAPS will complete this free for you)
* A welcoming, friendly team to join
* Flexibility on volunteering hours
* Rebound training to use within SNAPS (Please note this is only offered in September)
* An opportunity to learn new skills and grow in confidence
* Hands on experience with children with additional needs and their families
* The opportunity to actively taking part in paediatric physiotherapy sessions
* The chance to volunteer across different areas of SNAPS
* Supportive and encouraging environment
* A branded SNAPS t-shirt.

To apply for this role or for more information or a chat about volunteering at SNAPS please email Jo – [jo@snapsyorshire.org](mailto:jo@snapsyorshire.org)

Volunteering at SNAPS is an incredible opportunity to have fun, learn new skills and grow in confidence. But don’t just take our word for it - this is what some of our volunteers told us about their time with SNAPS:

*“I enjoyed working with a wide variety of different children every week and getting to know and understand their conditions. I also loved working with the other volunteers as they were so friendly. - Niamh”*

*“Everybody was so informative and welcoming during the joining process” - Kelvin*