



IMPACT REPORT 2026

Covering January 2025 to December 2025

CONTENTS

A Note from our Chief Executive	1
Who we are and how we're funded	2
Our year in numbers	3
Support that makes a difference	4
What our families say	5
Case study: Olive's story	6
Ways to support SNAPs	7



A NOTE FROM OUR CHIEF EXECUTIVE

Welcome to SNAPS' Impact Report 2026.

Our families often tell us how overwhelming life can feel, and how life-changing it is to discover a community that truly understands. That sense of connection sits at the heart of SNAPS, shaping the support we offer and the difference families say it makes to their everyday lives.

Over the year covered in this report, our sessions provided a fun, supportive space where children can play, build confidence, access life-changing therapy and make friends. At the same time, parents were able to connect with others who share similar experiences.

During this time, we marked an important step forward with the opening of our new site at Co-op Academy Brierley. It reflects our commitment to listening to families and evolving with their needs, helping us expand our support and introduce new opportunities, including musical theatre and a cookery club.

We are incredibly proud to have been recognised as winners of the People in Governance category at the 2025 Charity Governance Awards. This reflects the strength of our leadership and our commitment to delivering the very best for the families we support.

At the heart of our work is a commitment to making a meaningful difference in families' lives. For many, SNAPS is a genuine haven, a warm and welcoming place where every child is accepted and every family is understood.

Behind every story in this report is a real family journey. We are grateful to those who share their experiences, and to the supporters, volunteers and partners who make this vital work possible.

Lucy Owen

Chief Executive, SNAPS Yorkshire CIO



WHO WE ARE AND HOW WE'RE FUNDED

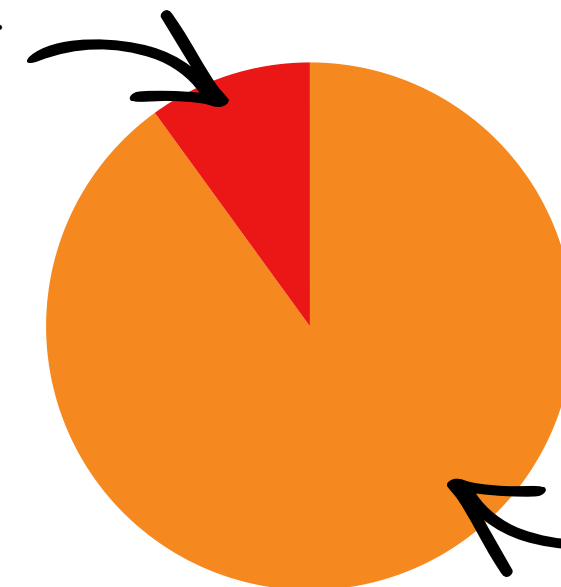
SNAPS supports children with additional needs and their families through physiotherapy, hydrotherapy, leisure activities and family support. These experiences can be life changing, helping the whole family relax and enjoy time together.

Our aim is simple: to create welcoming spaces where families feel supported, connected and understood. We are an inclusive organisation, involving the whole family, including siblings with no additional needs.

SNAPS receives no statutory funding to deliver its services. Everything we do, from physiotherapy and hydrotherapy to football, family support and stay and play sessions, is made possible through donations, fundraising and grants, alongside a small contribution from fees.

Our funding pie chart shows how SNAPS is built on kindness and community support. Every contribution, whether from individuals, local businesses, trusts or community fundraising, helps us provide regular, meaningful support to families who need it most.

Fees charged for
services



Fundraising and
donations

“Amazing facilities and a great environment for SEN families.”

- SNAPS Parent

OUR YEAR IN NUMBERS

2025 at SNAPS

864



Rebound sessions



272

Hydrotherapy sessions

73

Stay and play sessions



321

Swimming lessons

70+

Super Stars Awards presented



233

Psychotherapy sessions



120

Football sessions



50+

Volunteers supported our work

30



Dance sessions

13 Animal therapy sessions



6 Trips out with our families



...and we continue to support approximately 100 families every week



We love SNAPS. It's a positive, welcoming, safe space for me and my family.

- SNAPS Parent

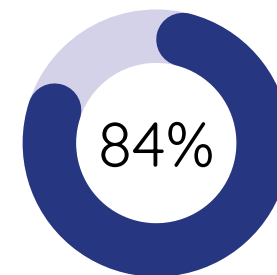
SUPPORT THAT MAKES A DIFFERENCE

100%

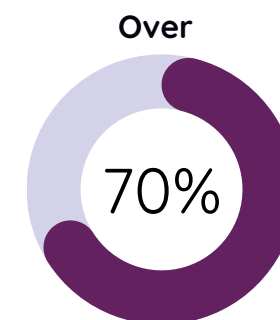
of parents who attended SNAPS family support sessions said they feel:

- Less isolated.
- Happier and less stressed.
- Less depressed.
- Connected with other parents and carers in similar situations.

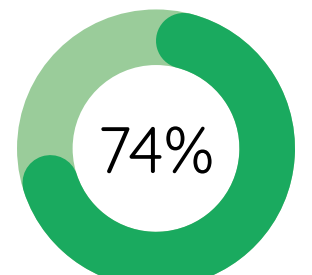
Across SNAPS sites, families told us:



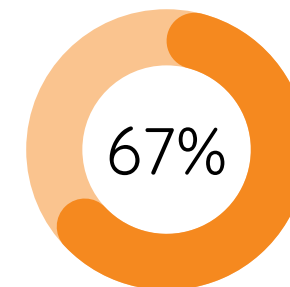
Saw improvements to their child's confidence and happiness.



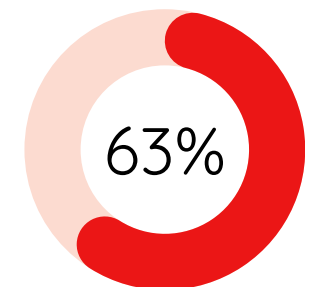
of both parents and children felt less isolated.



reported improvements in their child's mental health.



of families have seen an improvement in their child's physical health.



of families have seen improved happiness among siblings without additional needs.

WHAT OUR FAMILIES SAY

Love it! Love it! Love it!
For the first time, my son
has got a friend and
something to look forward
to every Saturday.

My child has grown in
confidence, made
friends, and it helps with
our Saturday routine.

Me and my daughter feel
so welcome at SNAPS. We
used to really struggle to
get out of the house at
the weekend before.

Every week we get to be
around people who
understand. The staff and
volunteers have gone out
of their way to make us
feel welcome and
supported.

My child has gained core
strength, improved
listening, became more
sociable, and formed a
lovely bond with staff.

The site is always so
welcoming and there is
always a lot for the
whole family to do.

Really supportive space and I look forward to
seeing the staff and other families.



Amazing, inclusive environment
with no judgement. Feels like a
second home.



OLIVE'S STORY

Olive is eight years old and has quadriplegic cerebral palsy.

She cannot sit, walk or talk, and is fed through a gastrostomy tube. She lives at home with me, her mum, and her two younger sisters. Like many families, we face daily challenges, but Olive is full of personality. We always describe her as cheeky!

SNAPS has supported Olive since she was very young, and it has made a huge difference to her life, and to ours as a family.

Hydrotherapy has been especially important. Olive has attended hydrotherapy sessions at SNAPS for the last seven years, and the impact has been transformative.

Hydrotherapy is Olive's favourite part of the week. We always say she's a mermaid really. In the pool she's free in a way she isn't anywhere else. Seeing her splash, kick and move independently with a float has brought her so much joy, and to us too.

SNAPS hasn't just helped Olive. It's been there for us as a family too. As parents, having a place where you feel understood makes such a difference. Without charities like SNAPS, families like ours would feel completely alone.

This year, I ran the London Marathon, raising money for SNAPS as a way of giving something back. SNAPS has been there for Olive and for us in ways we'll never forget. Running was my way of saying thank you.

Every child deserves joy, dignity and opportunity.

- George, Olive's dad

Without charities like SNAPS, families like ours would feel completely alone.

WAYS TO SUPPORT SNAPS

Everything in this report has been made possible through the support of families, funders, partners, and our wider community. If you'd like to be part of supporting children and families through SNAPS, there are a number of ways to get involved.



MAKE A DONATION

Regular or one-off donations help us provide support for families when they need it most.



TAKE ON A CHALLENGE

Motivate yourself and fundraise for SNAPS at the same time!



BUSINESS SUPPORT

Support SNAPS through corporate fundraising, sponsorship, and long-term partnerships.



GIVE YOUR TIME

Help make a difference whilst boosting your skills and confidence.



PLAY OUR LOTTERY

A simple way to support our work, with 50p from every £1 ticket going directly to SNAPS.

If you'd like to explore any of these options, you can find out more at:
www.snapsyorkshire.org/supportsnaps



“It is a real privilege to support SNAPS. A very well-run charity that does incredibly important work in the local community.”

– Ross McWilliams, Irwin Mitchell LLP



Registered Charity No. 1171244



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Snaps Yorkshire



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